

Attendance Awareness Conference

FLIGHT FIGHT FREEZE

Flight

- Getting kicked out of class
- Refusing to attend class
- Feigning illness
- Hiding in building
- Asking to see nurse
- Visiting bathroom multiple times/spending extra time in bathroom
- Head down in class
- Sleeps in class
- Physical responses to anxiety
- Elopement (classes, Fridays, breaks, etc).
- Skipping class
- Behavior that results in suspension
- Refusal to get out of bed/on bus
- Anxious about schedule/avoid situation
- Misses bus on purpose- parent already at work
- Overuse/misuse of environmental supports outside of classroom
- Doodling/daydreaming

Fight

- Locks self in bathroom before school
- Rebel against parents
- Suspended but refuses to leave the building
- Fighting when security comes to remove for minor first offense (office referral)
- Parents say "That's Your Problem" [school]
- Class Clown Behaviors
- Anger
- Office referrals
- Losing time with peers (lunch/recess)- relationships suffer
- "I don't care" "You don't care"
- Jumping on desks/screaming
- Tearing class apart
- Throwing self on floor

Freeze

- Teacher sends out due to defiance (student is in freeze mode and refusing to work)
- Under desk/table (upset people are looking)
- Blank stares/refuses to talk or respond
- Won't get out of bed
- Refuses to transition
- Refuses to come to school/pretends illness
- Won't participate in class
- Appears shy
- Deer in the headlights look when speaking to them
- Manifestation of mental health episodes
- Head down
- Tendency towards isolation
- Parent can't physically get child to school

Attendance Interventions

- Check In/Check Out
- Check & Connect
- Lunch Bunch Groups
- Mindfulness
- Calming Corners
- Set Breaks
- SEL Lessons
- Peer Mentors
- Celebrate Small Gains BIGLY
- 7am/7pm Texts to check-in
- Gratefulness
- Change Jar- \$3.00 goes down for non-attendance
- Parent Engagement/Support
- After School Programs
- Mentors
- SAFE/GOALS/Connections
- Safety Rituals (schoolwide)
- Data tracking/goal setting
- Therapy-based group mentoring

Building Relationships (Students)

- Attend events (sports, plays, etc.)
- Give nicknames/handshakes
- Intentional time-making it matter
- Sit in silence
- Mentor (group)
- Lunch Bunch Groups
- Daily drop-ins/check-ins
- Weekly one-on-ones (consistency)
- Finding a common area of interest
- Trauma-focused support groups
- Ask: "What happened to you?" NOT, "What's wrong with you?"
- Set break with adult of student choice (daily/weekly)
- Identity specific groupings

Building Relationships (Adults)

- Ask if you can help
- Training on implicit Bias
- Mentors
- Trauma training for staff
- Complete needs assessments and family partnership to explore barriers and needs of families